



EMERGENCY NUMBERS LIST AND HELPLINES



EMERGENCY NUMBERS

Ambulance: 995

Fire: 995

Police: 999

Police Emergency SMS: 71999

Non-Emergency Ambulance: 1777

Traffic Police Information: 6547 0000

MENTAL HEALTH

Samaritans of Singapore: 1800-221-4444

Singapore Association for Mental Health:
1800-283-7019

Institute of Mental Health Helpline: 6389 2222

Care Corner Counselling Centre (Mandarin):
1800-353-5800

Tinkle Friend: 1800-274-4788 (for primary
school-aged children)

COUNSELLING

Community Psychology Hub's Online Counselling
(Live chat/email): www.cphonlinecounselling.sg
TOUCHline (Counselling): 1800 377 2252

VIOLENCE OR ABUSE

National Anti-Violence Helpline (NAVH):
1800-777 0000

AWARE Women's Helpline: 1800 777 5555

Big Love Child Protection Specialist Centre:
6445 0400

HEART @ Fei Yue Child Protection Specialist
Centre: 6819 9170

PAVE Services for Individual and Family Protection:
6555 0390

Project StART: 6476 1482

TRANS SAFE Centre: 6449 0762

HOMELESSNESS

Ministry of Social & Family Development ComCare:
1800-111-2222

PROBLEM GAMBLING

National Council on Problem Gambling:
1800-6-668-668