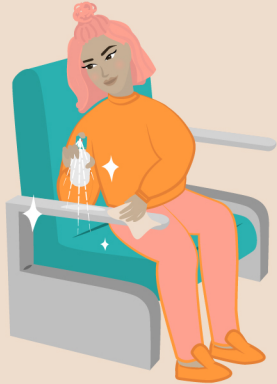


Guide to Disinfecting Your Space on an Airplane



1. WIPE DOWN HARD SURFACES

Including trays, armrests, video screens and window shades; make sure they stay wet, and air dry naturally. DON'T wipe upholstered seats, as this could increase germ spread.



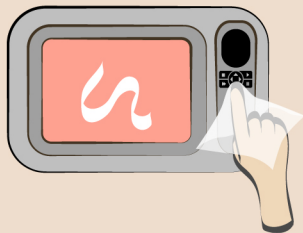
2. WASH YOUR HANDS

For at least 20 seconds; anytime you touch your face, after going to the bathroom, before meals, etc.



3. CHOOSE A WINDOW SEAT

This reduces your contact with potentially sick people. Try to stay put (unless you're getting up to wash your hands!).



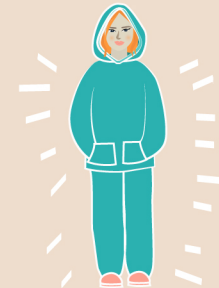
4. USE A TISSUE TO TOUCH THE VIDEO SCREEN OR REMOTE

Try to create a barrier between your hands and hard surfaces, then dispose of the tissue.



5. WEAR A MASK

This contains the spread of airborne droplets and reduces your risk of infection by 65%.



6. WEAR A HOODED SWEATSHIRT AND LONG PANTS

These can protect your skin and hair from germs in the upholstered seat.