

Sassy Mama

What to pack in your Diaper Bag: Essential Checklist



- ☐ Hand sanitizer
- ☐ Mosquito repellent
- ☐ Sunscreen
- ☐ Sun hat
- ☐ Changing mat
- ☐ Diapers
- ☐ Plastic bag for soiled items
- ☐ Wipes
- ☐ Muslin blanket

- ☐ Bib
- ☐ Change of clothes for baby
- ☐ Water bottle
- ☐ Milk bottle & formula if needed
- ☐ Snacks
- ☐ Feeding utensils
- ☐ First aid kit
- ☐ _____ (extras)
- ☐ _____ (extras)

