



LORNA WHISTON  
Preschool



# KIDS

# STAY HOME ACTIVITIES

## Making GOOP!

### Objective:

Reinforce colours and help your child follow a sequence of instructions.

### Materials:

Corn flour, water, container or bowl, measuring cups, food colouring (optional)



### Preparation:

Step 1: Pour 1 cup of water into the container or bowl

Step 2 (Optional): Add in food colouring and mix with water evenly

Step 3: Add 2.5 cups of corn flour or to the consistency you prefer

And that's it! You and your child can mix the ingredients with your hands and enjoy the process of exploring the properties of GOOP! You can even choose to add some small toys or fun items into the GOOP for your child to dig, scoop and grab. This is a fun sensory activity to do with your child and it is completely safe if ingested. Have a great and messy GOOP fun together!



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