

# BEDTIMES OF TEENS WE ASKED

11 to 17 years old

AGE	WEEKDAY	WEEKEND
11	9 PM	10 PM
13	10 PM	11 PM
14/15	9/9:30 PM	12/12:30 AM
16	10:30/11 PM	12/1 AM
17	11:30 PM - 1 AM	11:30 PM - 1 AM

# CURFEWS OF TEENS WE ASKED

11 to 17 years old

AGE	WEEKDAY	WEEKEND
11	Not allowed out	Not allowed out
13	8:30 PM	10 PM
14/15	6:30 PM	12:30 AM
16	10:30/11 PM	12/1 AM
17	No curfew (but tends to self-regulate and be home by 10pm)	