BABY ESSENTIALS SHOPPING LIST

CLOTHES

Must-Haves

- [ ] Bodysuits/Onesies/Kimono tops
- [ ] Mittens
- [ ] Socks
- [ ] Sleepsuits

Optional

- [ ] Hats
- [ ] Dress-up outfits
- [ ] Sweaters
- [ ] Shoes

SLEEPING

Must-Haves

- [ ] Cot/Crib/Co-Sleeper
- [ ] Mattress and sheets
- [ ] Sleepsack
- [ ] Swaddle blankets

Optional

- [ ] Cot mobile
- [ ] Waterproof mattress protector
- [ ] Travel cot

CLEANING & CHANGING

Must-Haves

- [ ] Baby wipes
- [ ] Diapers (*cloth or disposable*)
- [ ] Changing mat/table/station
- [ ] Baby soap/shampoo
- [ ] Baby nail clippers
- [ ] Diaper cream
- [ ] Baby oil/lotion
- [ ] Towels

Optional

- [ ] Bath seat/baby tub
- [ ] Diaper pail

HEALTH & SAFETY

Must-Haves

- [ ] Thermometer
- [ ] SOS medicines (*OTC & Prescribed*)

Optional

- [ ] Snot sucker
- [ ] Soothing balm

FEEDING

Must-Haves

- [ ] Feeding/burp cloths
- [ ] Bottles
- [ ] Milk storage containers
- [ ] Formula (*for non-breastfeeding mamas*)
- [ ] Manual breast pump
- [ ] Nursing bra
- [ ] Breast pads
- [ ] Nursing pillow

Optional

- [ ] Electrical breast pump
- [ ] Bottle warmer
- [ ] Steriliser
- [ ] Bottle drying rack

AROUND THE HOUSE

Must-Haves

- [ ] Activity gym/playmat
- [ ] Soft/crinkle books
- [ ] Assorted toys

Optional

- [ ] Baby monitor
- [ ] Bouncer/Rocker
- [ ] Pacifier

OUT & ABOUT

Must-Haves

- [ ] Stroller
- [ ] Car seat
- [ ] Baby carrier
- [ ] Diaper bag
- [ ] Changing mat

Optional

- [ ] Stroller organiser

NOTES