### Baby Essentials Shopping List

#### Clothes

**Must-Haves**
- Bodysuits/Onesies/Kimono tops
- Mittens
- Socks
- Sleepsuits

**Optional**
- Hats
- Dress-up outfits
- Sweaters
- Shoes

#### Feeding

**Must-Haves**
- Feeding/burp cloths
- Bottles
- Milk storage containers
- Formula (for non-breastfeeding mamas)
- Manual breast pump
- Nursing bra
- Breast pads
- Nursing pillow

**Optional**
- Electrical breast pump
- Bottle warmer
- Steriliser
- Bottle drying rack

#### Sleeping

**Must-Haves**
- Cot/Crib/Co-Sleeper
- Mattress and sheets
- Sleepsack
- Swaddle blankets

**Optional**
- Cot mobile
- Waterproof mattress protector
- Travel cot

#### Around the House

**Must-Haves**
- Activity gym/playmat
- Soft/crinkle books
- Assorted toys

**Optional**
- Baby monitor
- Bouncer/Rocker
- Pacifier

#### Cleaning & Changing

**Must-Haves**
- Baby wipes
- Diapers (cloth or disposable)
- Changing mat/table/station
- Baby soap/shampoo
- Baby nail clippers
- Diaper cream
- Baby oil/lotion
- Towels

**Optional**
- Bath seat/baby tub
- Diaper pail

#### Out & About

**Must-Haves**
- Stroller
- Car seat
- Baby carrier
- Diaper bag
- Changing mat

**Optional**
- Stroller organiser

#### Health & Safety

**Must-Haves**
- Thermometer
- SOS medicines (OTC & Prescribed)

**Optional**
- Snot sucker
- Soothing balm

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